LOCAL FOOD GROWERS OR PRODUCERS

FARMERS/MEAT **DAIRY** Gifts from the Good Earth Weber's Dairy Cheese/milk Beltie Beef Dairy State Cheese Nasonville Cheese Local Farmers Markets(see below) Altenbergs CSA Farms @ www.farmshed.org **BAKERS / BAKERIES FOOD** in General Some Grocery Stores In Local Grocery Stores buy organic or locally produced produce Gremler's Wenzel Farms **BREWERS** YOU Buy Organic Coffee or Tea -Yes, you. You are the ultimate consumer, at local coffee shops direct market to yourself. Find your roots. **Point Brewery** Buy a potted tomato, or pepper. Central Waters Plant an Apple, Plumb, Pear or other fruit or nut bearing tree. If you have space, plant a small garden. Get a hen chicken or two, they actually lay eggs, tell others. Show off your success, we want to know. Even if your plants die, you can still smile with some pioneer spirit and plant again. Build it and it will grow, but most of all have fun, keep it simple and see how local you can go.

This list is not complete nor is it a recommendation of any specific place. If your business would like to be added to this list please call the Wood County Health Department at 421-8911, or 387-8646.

FARMERS MARKETS FARMERS MARKETS Wisconsin Rapids Marshfield-Russell's Farm Stand Rapids Mall, June - October Hillers True Value Thursdays, 9am - 4pm Saturdays, 8am - 12 noon 751 S Central Ave June 1- October 30 Daily, 9:30am-3pm Jack's Farmstand, August 5 - October 10 4110 8th St S Pick n Save Monday - Saturday 10am - 6pm 641 S Central Ave June 24 – September 30 Tuesday, 9am – 1pm Cee Dee Acres, Goodwill Parking lot, 8th Street S **Festival Food** June - October 1613 N Central Ave Monday-Saturday, 10am - 6pm July 5- October 25 Sunday, 11am-4pm Saturday & Sunday, 8am - 1pm Vesper-Pittsville-**Baum's Mercantile** 5307 2nd Ave Parking Lot July 11 - October Rome-Alpine Business Park, Fridays, 9am-2pm, Vendors can call Ruthann Spiegelhoft 715-254-9406.

This list is not complete nor is it a recommendation of any specific place. If your business would like to be added to this list please call the Wood County Health Department at 421-8911, or 387-8646.

This list is not complete nor is it a recommendation of any specific place. If your business would like to be added to this list please call the Wood County Health Department at 421-8911, or 387-8646.