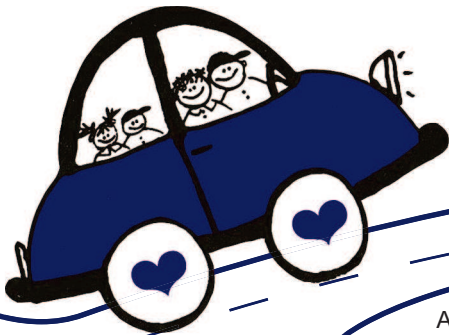


# RESOURCE ROADMAP

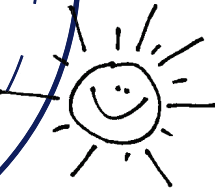


## Welcome to Wood County

Use this map as a guide to finding resources for mental health or behavioral concerns.

### Resources for Families Unable to Afford Counseling

- Faith-based help; most pastors/rabbis/priests have counseling training especially grief or family related concerns
- St. Vincent DePaul Community Center 715-387-4425
- Federally Qualified Health Centers (See backside)
- Employee Assistance Programs (EAP) through your employer



### Your Child's School Resources

Are you seeing changes in your child's personality that concern you?

Call:

- Your child's school guidance department
- Cooperative Educational Service Agency CESA  
1-800-862-3725

### Domestic Violence Providers Family Center

715-421-1511

### Personal Development Center

715-384-2971

Abuse can cause depression, family dissension, and fear.

### Wood County Human Services Dept.

#### Crisis Intervention, Mobile Crisis Unit

715-421-2345 715-384-5555

Interventionists offer:

- a listening ear
- problem solve for stressful situations
- assess need for urgent care in the outpatient clinic
- approve mental health detentions or arrange diversion plans
- initiating the Mobile Crisis Response Team

### Wood County Human Services Department

715-421-8800 or 715-387-3791

Services for children, adolescents and adults with mental health concerns, severe behavioral issues or alcohol/drug problems.

- Respite Services
- Assists with waiver applications for funding options
- Assists with establishing guardianship
- Operates a certified outpatient mental health clinic



### National Alliance on Mental Health (NAMI)

State: 1-800-236-2988 or  
Local: 715-592-4522

[www.namiportagewoodcounties.org](http://www.namiportagewoodcounties.org)

The mission of NAMI is to improve the quality of life for people affected by mental illness and promote recovery through:

- Respite Services
- Assists with waiver applications for funding options
- Assists with establishing guardianship
- Operates a certified outpatient mental health clinic

### Wood County Human Services Comprehensive Community Services (CCS)

715-421-8800

Recovery-based approach for children and adults with mental health or substance abuse issues.

- consumer strength-based focus
- builds on natural and community supports
- emphasis on self sufficiency
- goal and outcome oriented
- collaborative and culturally competent



### Children's Disability Resource Center (CRDR)

715-650-0820

Provides a consistent point of contact for parenting support throughout a child's growth and development.

- guided referrals to community resources
- application assistance and follow-up
- parent-to-parent support

### Aging and Disability Resource Center (ADRC)

715-421-0014 715-384-8479

Links clients over age 17.5 years with community-based services and determines eligibility for long-term care programs.

### Parents Information and Education Resource (PIER)

Pam: 715-423-7182 or  
[ironkids@wctc.net](mailto:ironkids@wctc.net)

[pierwi.info](http://pierwi.info)

Parent-to-parent network for families raising children with any type of special health care needs.

- parent-to-parent support network
- informational meetings
- e-mail newsletter providing resources and workshop/activity/training opportunities with web links

### Locating a Mental Health Provider

United Way 211

[www.getconnected211.org](http://www.getconnected211.org)

### Children with Special Needs Regional Center

1-866-640-4106

Both agencies connect you to programs and mental health services.

### Wisconsin Family Ties

1-800-422-7145

[infor@wifamilyties.org](mailto:infor@wifamilyties.org)

Helps families and professionals find up-to-date information on laws, school issues, behavioral and emotional disorders, and other resources. Facilitates parent-to-parent connections.



**Domestic violence** can impact any family at any time. The consequences of living with abuse can be isolation, depression, fear and lead to family dissension. Domestic violence providers are uniquely trained to counsel both men and women living in abusive relationships. Family Center in Wood County has a shelter for abused women and children.

#### **Coordinated Service Teams (CST)**

Intensive case management team of adults who are vested in offering support for the child and their family. CST offers:

- \* A child/family centered team approach
- Responding to individuals and families with multiple, often serious needs
- \* In the least restrictive setting possible
- Balancing family, community support people, and service providers in support of the child.

If you have serious concerns about the behaviors of your teen, talk to your school's guidance or counseling department.

Children and adolescents with mental health problems are the most underserved disability group in the US. Approximately 12% of children under 18 nationwide suffer from problems that warrant mental health treatment.

#### **Veteran's Behavioral Health Services**

Veteran's are eligible for a full range of behavioral health services through their local outpatient clinic: Veteran's Affairs Community-based Outpatient Clinic 715-424-4682  
555 West Grand Avenue Wisconsin Rapids, WI 54495

#### **Wood County Club Houses**

Club houses welcome all adults who live with the effects of mental illness. Wood County club house (s) allow adults to congregate, build employment skills and socialize in an environment where they can feel socially accepted. The Marshfield Club House is now open and the Wisconsin Rapids Club House is scheduled to open in 2013. Watch for the grand opening announcement!  
Wood County Human Services 715-207-6622

#### **Remember:**

When a parent notices changes in their child's physical wellbeing, behavior or developmental milestones the first step should be a complete medical evaluation by your child's physician to rule out any physical cause.  
**Many physical illnesses initially present as a change in behavior.**

#### **United Way 211**

##### **Get Connected, Get Help!**

Connects you to Wood County programs and services.

#### **Question, Persuade, Refer (QPR)**

##### **Suicide Prevention Training**

##### **Spend an hour; save a life!**

QPR consists of three life-saving skills:

- Question...a person about suicide and offer hope
- Persuade...the person to get help
- Refer...the person into professional resources

Contact the Wood County Health Department to schedule a training for your organization, church or worksite. 715-421-8911 or 715-387-8646

#### **Educational/School Resources**

**CESA 5 or WSPEI** – Provides experienced parent liaisons to work with families, school districts and community agencies to promote positive partnerships.  
CESA 5 800-862-3725  
WSPEI State Office 877-844-4925

#### **Wisconsin Department of Public Instruction**

**Helpline:** 800-441-4563

**WI FACETS** provides information and assistance concerning parent and student rights and opportunities in education. 877-374-4677

**Director of Special Education** at your school district central office.

**Mental Health America** is the leading nonprofit dedicated to helping all people live mentally healthier lives. <http://www.mentalhealthamerica.net/>

#### **Crisis Intervention**

Professionals trained in mental health needs provide:

- \* A listening ear
- \* Problem solve stressful situations
- \* Assess need for urgent care in the outpatient clinic
- \* Approve mental health detentions or arrange diversion plans
- \* Initiating the Mobile Crisis Response Team.

#### **Mobile Crisis Response Teams**

Certified mental health professionals can respond on-site to a client in a mental health crisis. Services offered for all ages. On-call responders assist law enforcement and others assess a mental health crisis for suicide risk and appropriateness of enacting a detention or arranging a diversion with community resources.

#### **Services are available:**

8 a.m. to 12 midnight week days

11 a.m. to 7 p.m. weekends and holidays.

#### **Contact Crisis Intervention:**

Wisconsin Rapids 715-421-2345  
Marshfield 715-384-5555

#### **Children with Special Health Needs Regional Center**

Free, confidential resource and referral agency knowledgeable in providers and children's resources in your area; supporting families raising children with special health care needs. 866-640-4106

#### **What are Employee Assistance Programs (EAP)?**

EAP are employee benefit programs offered by many employers, typically in conjunction with a health insurance plan. EAPs are intended to help employees deal with personal problems that might adversely impact their work performance, well-being, and health. EAP services are confidential and generally free of charge to the employee and include assessment, short-term counseling and referral services for employees and their household members. Examples of issues they can assist with include:

Substance abuse	Safe working environment	Emotional distress
Health care concerns	Financial or legal concerns	Concern with aging parents
Major life events including births, accidents or death		Family or personal relationship issues

#### **Federally Qualified Health Centers (FQHC)**

Federally subsidized medical centers provide primary medical care, limited dental and behavioral health services on an income-based sliding fee schedule for low-income, under insured and uninsured adults and children. Serving Wood County:

Bridge Clinic 1810 2nd Street, Wausau 715-848-4884  
Family Health Center, 1307 N. St. Joseph Ave,  
Marshfield 715-221-5700 or 800-942-5420  
Family Health (LaClinica) 400 S. Townline Road,  
Wautoma 920-787-5514

**Wisconsin Family Ties** is a nationwide, non-profit organization run by families raising children with mental, emotional or substance abuse problems.

WFT offers families:

- \* Toll-free help line and quarterly newsletter for families
- \* Resource and referral library
- \* Sponsors workshops and conferences for parents and professionals
- \* Will discuss emotional/behavioral and mental disorders to empower parents to advocate for their children
- \* Provide scholarships for parents to attend state and national conferences

16 North Carroll Street, Suite 230, Madison  
800-422-7145

E-mail: [info@wifamilyties.org](mailto:info@wifamilyties.org)