



Advisory Committee Meeting July 23, 2025 from 10:00 - 12:00 Noon

Wisconsin Rapids Office: 220 3rd Ave S, Ste 1, Wisconsin Rapids 54495

Mission: The Aging and Disability Resource Center of Central Wisconsin promotes choice and independence through personalized education, advocacy, and access to services that prevent, delay, and lessen the impacts of aging and disabilities in the lives of adults.

We encourage individuals to attend this meeting **in person or call in via video and/or teleconference**. You may participate in the meeting at any of the the ADRC-CW offices or by using the following:

- Join via Google Meet by clicking on this link: <https://meet.google.com/qak-smtb-evh>
- Join via phone: 1 304-804-7097 when prompted enter the PIN: 915 246 679#
- Anyone wanting to participate via video or phone is welcome to join.

If you are joining by phone or computer, please mute your line when you are not talking. Use *6 (star 6) to put phones on mute and unmute.

AGENDA

1. Call to Order
2. Public Comments
3. Approval of Minutes from May 2025
4. New Wood County representative: Marilyn Follen
5. Boost Your Brain and Memory (Jennifer Thompson)
6. Nutrition: Senior Dining in Merrill
7. Serving individuals with disabilities: WCA Article (Mike Rhea)
8. Advocacy Committee updates
9. Updates: Please help get the word out about these upcoming programs:
 - a. Senior Farmer Market Voucher Program
 - b. Managing Caregiver Stress - Planned for all locations and virtual - September 4th (Free but registration required)
 - i. Merrill: TB Scott Free Library
 - ii. Marshfield: Everett Roehl Marshfield Public Library
 - iii. Wausau: Location TBD
 - iv. Antigo: Location TBD
 - v. Rapids: ADRC office
 - c. Fall Prevention Resource Fairs (Free. No pre-registration needed)
 - i. Wausau: September 10, 2025: 1000 Lake View Dr.
 - ii. Merrill: September 16, 2025: Merrill Enrichment Center
 - d. Powerful Tools for Caregivers- 6 week program (Free but registration is required):
 - i. Both locations: Sept 25- October 23, 2025

- ii. Marshfield: Everett Roehl Public Library from 1:00- 2:45 pm.
 - iii. Wausau: ADRC-CW Office: September 18, 2025: 5:00- 6:45 pm
- e. Volunteer Needs: Specifically needing volunteers to help package meals in our Wausau kitchen. Need Lincoln County Advisory Committee members.
- f. Stepping On: Fall Prevention- 7 week program: (Free but registration is required)
 - i. Stratford Community Center, Stratford: Tuesdays, September 2- October 14, 2025 from 9:30 AM -11:30 AM
 - ii. South Wood County YMCA, Wisconsin Rapids: Fridays, September 12- October 24, 2025 from 9:30 AM -11:30 AM
 - iii. Lakeview Conference Center, Wausau: Tuesdays, October 7- November 18, 2025 from 1:00 PM -3:00 PM
 - iv. Marshfield Fire Department, Marshfield: Thursdays, October 23- December 11 from 9:30 AM -11:30 AM (*No class on November 27)
- g. November 12, 2025: Caregiver Appreciation Event (Wausau)
- 10. Operations Reports and Board Meeting Minutes
 - a. May 2025 Board Meeting Minutes
 - b. Operations Report: May 2025
 - c. 2024 Annual Report (Draft)
 - d. June 2025 Board Meeting Minutes
 - e. Updates from Advisory Committee members that attended July
 - f. Next Board meeting: August 14 (Marshfield) and September 11 (Wausau)
- 11. Agenda items for next meeting
- 12. Next Meeting: September 24, 2025: Wausau office
- 13. Adjournment

Any person planning to attend this meeting who needs some type of special accommodation in order to participate should call the ADRC-CW at 888-486-9545 or email: clerical.messages@adrc-cw.org one business day before the meeting.

EMAILED TO:

Antigo Daily Journal, Marshfield News Herald,
Merrill Foto News, Wausau Daily Herald, Wisconsin
Rapids Tribune
Date: __07/17/25__ Time: __1:00__ AM/PM
By: __Holly Thompson__

NOTICE POSTED AT COURTHOUSE

Date: _____ Time: _____ AM/PM
By: _____